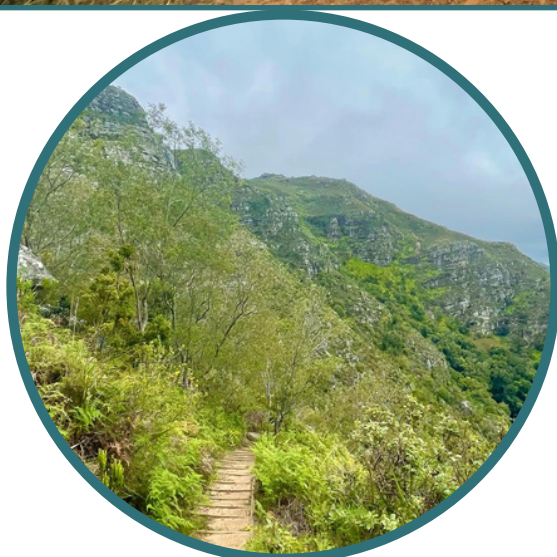


WALKS AND HIKES



1. KIRSTENBOSCH & NEWLANDS FOREST

A gentle meandering walk through the historic Kirstenbosch Botanical Gardens which links up to Newlands Forest - a step back in time steeped in history

2. CONSTANTIA NEK AND ROOIKAT

A three hour hike departing from Constantia Nek and follows the jeep track before descending into Rooikat Ravine and Cecilia Forest before returning home



3. DEVILS PEAK

A moderate hike with follows a much traversed path and allows for some captivating scenery and views of the City Bowl with Table Mountain as the backdrop.

4. LIONS HEAD

A popular hike to the top of Lions Head is definitely on most visitors bucket list when visiting Cape Town. The wrap around views and scenery are inspiring and beautiful



5. PLATTEKLIP

This hike commences from Table Mountain Road and zig-zags to the summit of Table Mountain with incredible views on offer. Descent is via the Cable Car (weather permitting)

